



CORONAVIRUS / COVID-19

Prevent the Spread of Virus at Food Distribution Sites

Central Texas Food Bank is monitoring Coronavirus / COVID 19 using information provided by the CDC, State of Texas and local health authorities. Our goal, as it also is with flu and cold viruses, is to continue to remain proactive and take the recommended precautions by these agencies to prevent the spread of the Coronavirus and other Viruses throughout our food distribution network. The recommended practices are already being used by Central Texas Food Bank as part of our normal course of work to ensure that we can balance the prevention of spreading the virus while also feeding those who are hungry.

Prevention at Food Distribution Sites - Primary Methods

Use the same preventative strategies for Coronavirus / COVID-19 as used during the flu and cold seasons. Clients, Volunteers and Staff should:

Clean hands often



- **Wash your hands** often with soap and water for at least 20 seconds especially after you have been in a public place, after blowing your nose, coughing, or sneezing, before eating, and after using the bathroom.
- If soap and water are not readily available, **use a hand sanitizer that contains at least 60% alcohol**. Cover all surfaces of your hands and rub them together until they feel dry.
- **Avoid touching your eyes, nose, and mouth** with unwashed hands.

Avoid close contact



- **Avoid close contact** with people who are sick.
- **Put distance between yourself and other people**. For COVID-19, the recommendation is 6 feet. This is especially important for people who are at higher risk of getting very sick.
- **Ask each household to only send 1 person to receive food at distribution site/line**. Family members waiting for food assistance should wait outside or in the car. This will help decrease the amount of people in the distribution line.

Stay home if sick



- **Stay home if you are sick**, except to get medical care.
- If you need food assistance, please **send someone on your behalf** to receive your food and deliver it to you at your home.

Cover coughs and sneezes



- **Cover your mouth and nose with a tissue** when you cough or sneeze or use the inside of your elbow.
- Throw used tissues in the trash.
- Immediately **wash your hands** with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a **hand sanitizer that contains at least 60% alcohol**.

Clean and disinfect



- **Clean AND disinfect frequently touched surfaces daily**. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.
- If surfaces are dirty, clean them: Use detergent or soap and water prior to disinfection.

Questions? Please contact Central Texas Food Bank

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