

Partner Agency Newsletter February 2019

SPOTLIGHT: 2018 ReThink Hunger Scores

We are excited to see the capacity growth within our partner network following the release of the 2018 ReThink Hunger evaluations! ReThink Hunger is an initiative to transform the way we address hunger in our community. Providing food is important, but focusing on food alone ignores the many other factors that keep a person trapped in cycles of poverty and hunger. ReThink Hunger encourages the network to find ways to alleviate these needs all in one place. Each year agencies fill out data on ReThink Hunger as part of their usual monthly reports, and are given scores based on the four goals of the initiative:

- 1. Improve network capacity to handle and distribute large quantities of nutritious and perishable food;
- 2. Increase availability and access to food for those in need;
- 3. Engage in SNAP outreach to ensure that clients are receiving supplemental benefits; and
- 4. Collaborate with social services to address the root causes of hunger

For more information on ReThink Hunger, and to access the full 2018 Report, please visit https://www.centraltexasfoodbank.org/rethink-hunger

If you did not receive a copy of your scorecard, please email Henry at handrastek@centraltexasfoodbank.org."





Closures: March 22nd

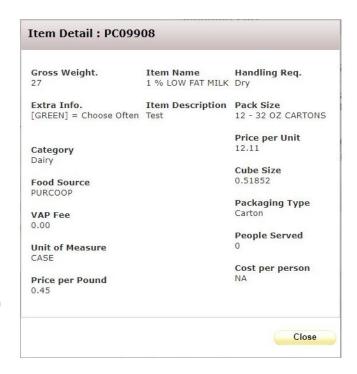
The Food Bank will be closed for a spring holiday on Friday, March 22nd. There will be no pick-ups, deliveries, or shop-for on these days. If you normally pick up or receive deliveries on this day, either order extra food the week prior to the holiday or contact Michelle at (512) 684-2150. Detailed ordering information will be available closer to the closure date.

Reminders & Resources:

SWAP Nutrition Ranking System

This January the Central Texas Food Bank adopted a new ranking system called SWAP (Supporting Wellness at Pantries). The goal of the SWAP system is to provide a practical way to implement nutrition standards, using clear and appropriately tailored nutrition guidance for the food bank and food pantry audience. SWAP provides detailed guidelines for eight food groups with specific levels for saturated fat, sodium and sugar so they can be classified as green, yellow or red as follows:

- Green = Choose often; low in saturated fat, sodium and sugar; builds health
- O Yellow = Choose sometimes; can contribute to health
- Red = Choose rarely; high in saturated fat, sodium or sugar; view as treats



To view the SWAP ranking, please click on the item detail to view the ranking in the extra info section. For more information, please contact Angela Henry, Director of Community Health and Nutrition at ahenry@centraltexasfoodbank.org. Please share this flyer with your clients as well!

Urban Gardening Interview Opportunity

The City of Austin's Parks & Recreation and Public Works departments are redesigning the permitting process for community gardens. To aid in the redesign, the city will be holding compensated interviews to find out exactly how the process for starting an urban garden works (or doesn't work) for the public. Please share this flyer about this opportunity with your clients!

Banana Boxes

Due to a current surplus of banana boxes, please feel free to keep them until further notice. Though this is temporary, we hope the boxes will be useful for distributions for the time being. Thank you!



New Partnerships

Please welcome the following organizations that partnered with the Central Texas Food Bank last quarter. If they are near you, stop by and say hello!

- Heart of Texas MHMR 312 S. 4th St. Waco, TX 76701
- Nu Hope Ministries 3979 Taylorsville Rd. Red Rock, TX 78662

TEFAP Forecast:

| Grapes | Russet Potatoes | Sweet Potatoes | Apples | Frozen Wild | Canned Mixed |
|-------------------|---------------------|----------------|-----------------|--------------|--------------|
| | | | | Blueberries | Fruit |
| Shelf-stable Milk | Canned Diced | Canned Tomato | Canned Meatless | Whole grain | Macaroni & |
| | Peaches | Sauce | Spaghetti Sauce | Spaghetti | Cheese |
| USDA Frozen | Frozen Chicken | Corn Flakes | Peanut Butter | Canned Whole | Brown Rice |
| Whole chickens | Thighs | Cereal | | Kernel Corn | |
| Canned Black | Dry split pea beans | Canned Refried | Dry Pinto Beans | | |
| Beans | | Beans | | | |

Contact the Team:

| Name | Title | Phone | Email Address |
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