

OLDER ADULT SNAP RESOURCES



What is SNAP?

SNAP benefits, the new name for food stamps, can help you put healthy food on the table by providing monthly assistance to buy food at authorized grocery stores and farmers' markets.

Benefits are provided monthly through a plastic benefit card, similar to a debit or credit card. This card is sometimes called an EBT card or, in Texas, the Lone Star Card.

Save \$20 or more on groceries each month! That's nearly \$250 a year in benefits!



Did you know?

- There's no asset limit to apply.
- Unused benefits can roll over for up to 1 year.
- Receiving benefits does not take away from other people.

What are the eligibility requirements?

You may qualify if your household's gross monthly income is less than...



For each additional household member add **\$596**

Income guidelines are valid through September 30, 2026. HHSC determines eligibility on a case-by-case basis.

The Central Texas Food Bank can tell you if you might be eligible, answer your questions, and help you apply!

Call our toll-free and confidential helpline at: **1-855-366-3401**
Or visit our website: **centraltexasfoodbank.org/SNAP**

The Central Texas Food Bank can assist you in applying for SNAP, TANF, CHIP, Medicaid, Medicare Savings Program and Healthy Texas Women. This FAQ sheet will answer questions you have about SNAP and the application process.

FREQUENTLY ASKED QUESTIONS

How long do SNAP Benefits Last?

Depending on your situation, benefits can last anywhere from 3 months to 3 years before they have to be renewed. HHSC (the state department that administers SNAP) will send you a letter when it's time to renew. If you would like help with the renewal process, you can call the Food Bank helpline or visit our website to make an appointment with one of our Social Services team members.

What documents do you need to apply?

- Photo ID
- Social Security Card (For all household members)
- Proof of income (Check stubs, records of child support paid/received, SSI award letter, etc.)
- Current bills (Rent, utilities, and phone)
- Current bank statement for all accounts in your name
- Document confirming your home address

What if someone doesn't have one of these forms?

Depending on your situation, alternate kinds of verification do exist.

Can non-citizens receive SNAP?

Documented immigrants can receive SNAP if they have been Legal Permanent Residents (Green Card holders) for 5+ years or are children (age 18 and under). Refugees and asylees are exempted from the 5-year residence requirement. Ineligible immigrant parents can still receive benefits for their children. Immigration status, citizenship eligibility, and Green Card eligibility are not negatively affected by applying for or receiving SNAP.

Does a person's criminal record affect eligibility?

In most cases, a criminal record will not disqualify a person from being eligible to receive SNAP. Previously, if a person had a drug related felony conviction, the person was ineligible for SNAP benefits. That law has changed, so individuals may now be eligible for benefits. Eligibility is determined by HHSC.

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