



Bastrop County 2025 FACT Sheet



Understanding Food Insecurity in the County

These numbers from our Food Access Convening Tool (FACT) reveal the scope of the issue, highlighting the number of individuals in need of support and their percentage within the overall population.

102,370 Total Population

18.3% Neighbors Are Food Insecure

18,766 Food Insecure Individuals

1 in 5 Neighbors Are Food Insecure

County Snapshot

COUNTY RESIDENTS

Total Households	35,164
Avg Household Size	3.3
% Children	26.0%
% Older Adults (60+)	21.7%

POPULATION BY RACE/ETHNICITY

Asian	0.7%
Black	5.7%
Hispanic	44.0%
White/Non-Hispanic	45.7%

HOUSEHOLD CHARACTERISTICS

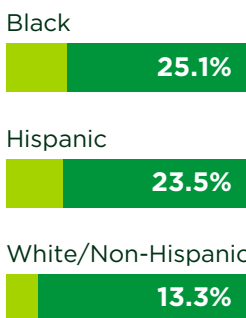
Poverty	12.3%
% with Disability	12.2%
% Veterans	9.7%
% without Vehicles	3.3%
% SNAP Recipients	7.6%
Unemployment Rate	4.6%

Food Insecurity By Demographics

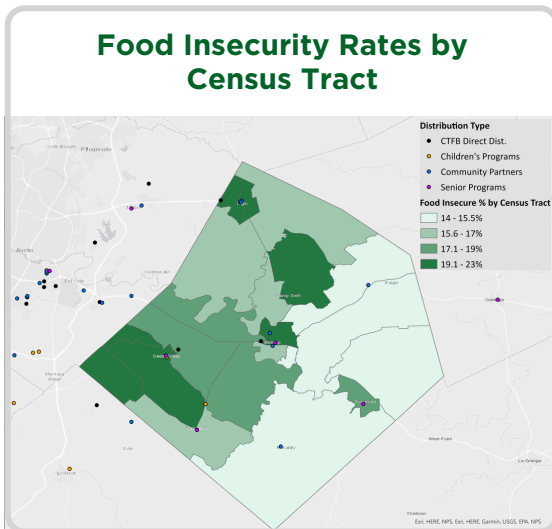
Food insecurity disproportionately affects various racial, ethnic and age groups. Here's a detailed look at how hunger impacts children, older adults and others.



Food Insecurity Rate Within Each Racial/Ethnic Group



Food Insecurity Rates by Census Tract



Food insecurity rates were calculated using Texas-specific data from the 2020-2023 Current Population Surveys (CPS), 2019-2023 American Community Survey (ACS), and the 2023 Bureau of Labor Statistics (BLS) data. More information on methodology is available upon request at research@centraltexasfoodbank.org.

All demographic data were pulled at the census tract level from the 2019-2023 American Community Survey 5-year estimates.



Bell County 2025 FACT Sheet



Understanding Food Insecurity in the County

These numbers from our Food Access Convening Tool (FACT) reveal the scope of the issue, highlighting the number of individuals in need of support and their percentage within the overall population.

379,813 Total Population

22.1% Neighbors Are Food Insecure

83,801 Food Insecure Individuals

1 in 4 Neighbors Are Food Insecure

Food Insecurity By Demographics

Food insecurity disproportionately affects various racial, ethnic and age groups. Here's a detailed look at how hunger impacts children, older adults and others.

27.6% or 28,988 Children Are Food Insecure (1 in 4)

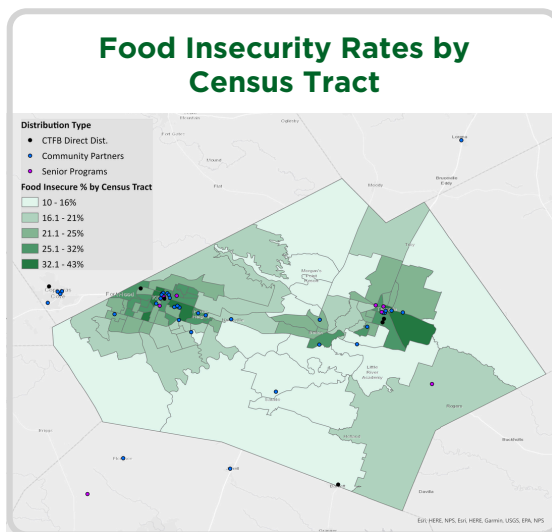
18.3% or 11,478 Older Adults Are Food Insecure (1 in 5)

Food Insecurity Rate Within Each Racial/Ethnic Group

Black **29.5%**

Hispanic **27.4%**

White/Non-Hispanic **16.1%**



County Snapshot

COUNTY RESIDENTS

Total Households	138,557
Avg Household Size	3.3
% Children	27.6%
% Older Adults (60+)	16.5%

POPULATION BY RACE/ETHNICITY

Asian	2.9%
Black	23.3%
Hispanic	25.8%
White/Non-Hispanic	43.1%

HOUSEHOLD CHARACTERISTICS

Poverty	14.7%
% with Disability	14.9%
% Veterans	20.3%
% without Vehicles	5.4%
% SNAP Recipients	12.5%
Unemployment Rate	7.7%

Food insecurity rates were calculated using Texas-specific data from the 2020-2023 Current Population Surveys (CPS), 2019-2023 American Community Survey (ACS), and the 2023 Bureau of Labor Statistics (BLS) data. More information on methodology is available upon request at research@centraltexasfoodbank.org.

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Blanco County 2025 FACT Sheet



Understanding Food Insecurity in the County

These numbers from our Food Access Convening Tool (FACT) reveal the scope of the issue, highlighting the number of individuals in need of support and their percentage within the overall population.

12,008 Total Population

15.1% Neighbors Are Food Insecure

1,810 Food Insecure Individuals

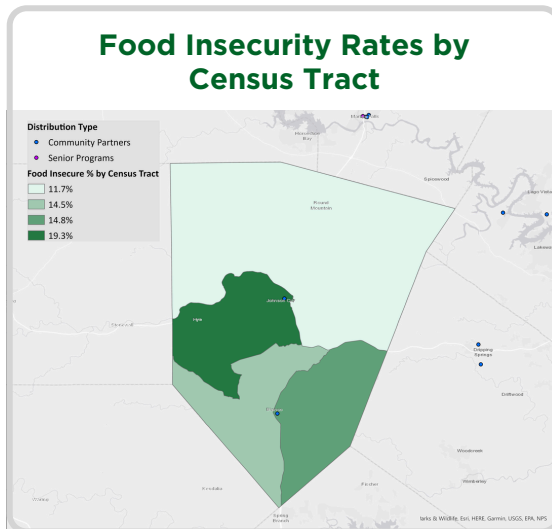
1 in 7 Neighbors Are Food Insecure

Food Insecurity By Demographics

Food insecurity disproportionately affects various racial, ethnic and age groups. Here's a detailed look at how hunger impacts children, older adults and others.



Food Insecurity Rate Within Each Racial/Ethnic Group



County Snapshot

COUNTY RESIDENTS

Total Households	5,001
Avg Household Size	2.9
% Children	17.9%
% Older Adults (60+)	35.7%

POPULATION BY RACE/ETHNICITY

Asian	0.4%
Black	0.8%
Hispanic	18.4%
White/Non-Hispanic	76.0%

HOUSEHOLD CHARACTERISTICS

Poverty	8.7%
% with Disability	15.4%
% Veterans	8.0%
% without Vehicles	1.2%
% SNAP Recipients	4.8%
Unemployment Rate	3.5%

Food insecurity rates were calculated using Texas-specific data from the 2020-2023 Current Population Surveys (CPS), 2019-2023 American Community Survey (ACS), and the 2023 Bureau of Labor Statistics (BLS) data. More information on methodology is available upon request at research@centraltexasfoodbank.org.

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Burnet County 2025 FACT Sheet



Understanding Food Insecurity in the County

These numbers from our Food Access Convening Tool (FACT) reveal the scope of the issue, highlighting the number of individuals in need of support and their percentage within the overall population.

51,064 Total Population

15.9% Neighbors Are Food Insecure

8,143 Food Insecure Individuals

1 in 6 Neighbors Are Food Insecure

Food Insecurity By Demographics

Food insecurity disproportionately affects various racial, ethnic and age groups. Here's a detailed look at how hunger impacts children, older adults and others.

21.4% or 2,237 Children Are Food Insecure (1 in 5)

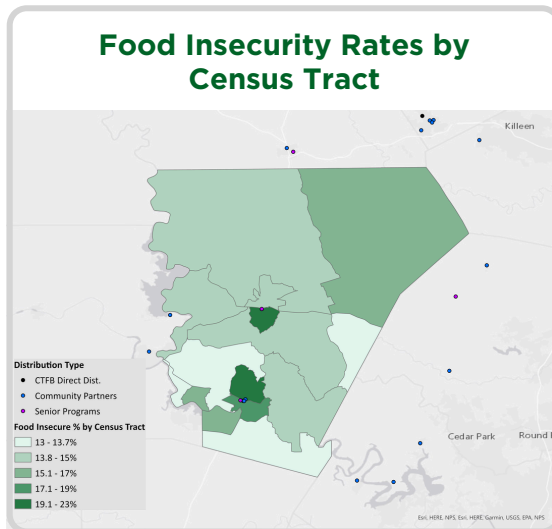
15.6% or 2,557 Older Adults Are Food Insecure (1 in 6)

Food Insecurity Rate Within Each Racial/Ethnic Group

Black **28.4%**

Hispanic **23.6%**

White/Non-Hispanic **13.3%**



County Snapshot

COUNTY RESIDENTS

Total Households	19,597
Avg Household Size	3.1
% Children	20.5%
% Older Adults (60+)	32.2%

POPULATION BY RACE/ETHNICITY

Asian	0.7%
Black	1.2%
Hispanic	23.1%
White/Non-Hispanic	71.3%

HOUSEHOLD CHARACTERISTICS

Poverty	8.1%
% with Disability	16.7%
% Veterans	8.9%
% without Vehicles	3.6%
% SNAP Recipients	6.9%
Unemployment Rate	2.3%

Food insecurity rates were calculated using Texas-specific data from the 2020-2023 Current Population Surveys (CPS), 2019-2023 American Community Survey (ACS), and the 2023 Bureau of Labor Statistics (BLS) data. More information on methodology is available upon request at research@centraltexasfoodbank.org.

All demographic data were pulled at the census tract level from the 2019-2023 American Community Survey 5-year estimates.



Caldwell County 2025 FACT Sheet



Understanding Food Insecurity in the County

These numbers from our Food Access Convening Tool (FACT) reveal the scope of the issue, highlighting the number of individuals in need of support and their percentage within the overall population.

47,184 Total Population

20.4% Neighbors Are Food Insecure

9,646 Food Insecure Individuals

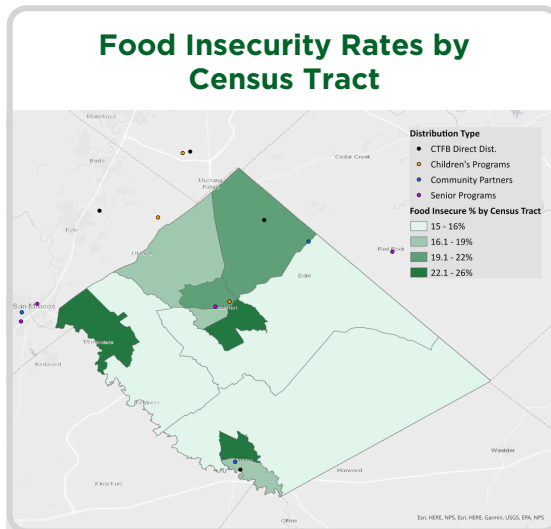
1 in 5 Neighbors Are Food Insecure

Food Insecurity By Demographics

Food insecurity disproportionately affects various racial, ethnic and age groups. Here's a detailed look at how hunger impacts children, older adults and others.



Food Insecurity Rate Within Each Racial/Ethnic Group



County Snapshot

COUNTY RESIDENTS

Total Households	15,741
Avg Household Size	3.3
% Children	23.4%
% Older Adults (60+)	21.9%

POPULATION BY RACE/ETHNICITY

Asian	0.7%
Black	4.3%
Hispanic	56.3%
White/Non-Hispanic	35.6%

HOUSEHOLD CHARACTERISTICS

Poverty	13.9%
% with Disability	14.6%
% Veterans	7.5%
% without Vehicles	3.4%
% SNAP Recipients	10.1%
Unemployment Rate	3.0%

Food insecurity rates were calculated using Texas-specific data from the 2020-2023 Current Population Surveys (CPS), 2019-2023 American Community Survey (ACS), and the 2023 Bureau of Labor Statistics (BLS) data. More information on methodology is available upon request at research@centraltexasfoodbank.org.

All demographic data were pulled at the census tract level from the 2019-2023 American Community Survey 5-year estimates.



Coryell County 2025 FACT Sheet



Understanding Food Insecurity in the County

These numbers from our Food Access Convening Tool (FACT) reveal the scope of the issue, highlighting the number of individuals in need of support and their percentage within the overall population.

83,772 Total Population

20.9% Neighbors Are Food Insecure

17,502 Food Insecure Individuals

1 in 5 Neighbors Are Food Insecure

Food Insecurity By Demographics

Food insecurity disproportionately affects various racial, ethnic and age groups. Here's a detailed look at how hunger impacts children, older adults and others.

25.5% or 4,856 Children Are Food Insecure (1 in 4)

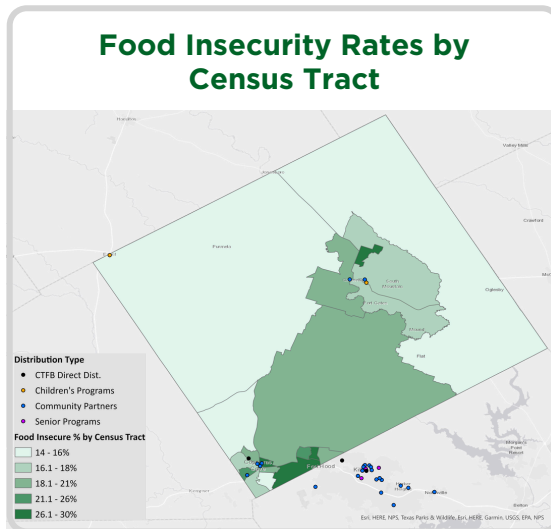
18.8% or 2,351 Older Adults Are Food Insecure (1 in 5)

Food Insecurity Rate Within Each Racial/Ethnic Group

Black **29.2%**

Hispanic **27.1%**

White/Non-Hispanic **16.4%**



County Snapshot

COUNTY RESIDENTS

Total Households	26,099
Avg Household Size	3.0
% Children	22.7%
% Older Adults (60+)	15.0%

POPULATION BY RACE/ETHNICITY

Asian	2.0%
Black	13.9%
Hispanic	20.3%
White/Non-Hispanic	55.2%

HOUSEHOLD CHARACTERISTICS

Poverty	16.0%
% with Disability	19.5%
% Veterans	21.4%
% without Vehicles	4.8%
% SNAP Recipients	9.6%
Unemployment Rate	9.0%

Food insecurity rates were calculated using Texas-specific data from the 2020-2023 Current Population Surveys (CPS), 2019-2023 American Community Survey (ACS), and the 2023 Bureau of Labor Statistics (BLS) data. More information on methodology is available upon request at research@centraltexasfoodbank.org.

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Falls County 2025 FACT Sheet



Understanding Food Insecurity in the County

These numbers from our Food Access Convening Tool (FACT) reveal the scope of the issue, highlighting the number of individuals in need of support and their percentage within the overall population.

17,063 Total Population

21.9% Neighbors Are Food Insecure

3,733 Food Insecure Individuals

1 in 5 Neighbors Are Food Insecure

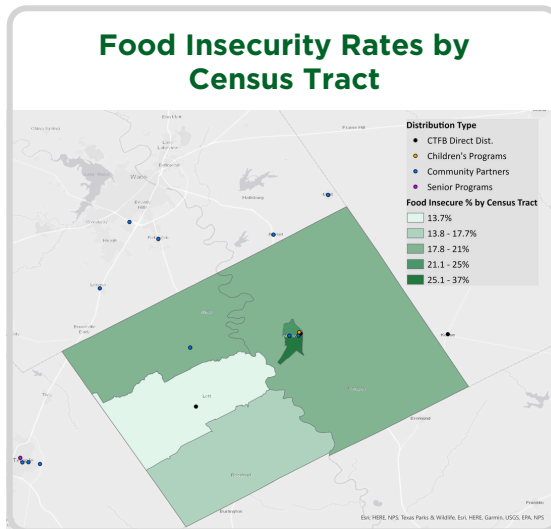
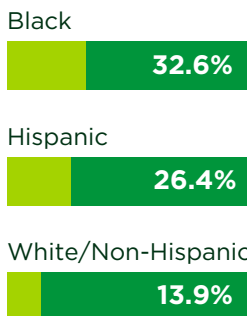
Food Insecurity By Demographics

Food insecurity disproportionately affects various racial, ethnic and age groups. Here's a detailed look at how hunger impacts children, older adults and others.

24.2% or 871 Children Are Food Insecure (1 in 4)

20.2% or 900 Older Adults Are Food Insecure (1 in 5)

Food Insecurity Rate Within Each Racial/Ethnic Group



County Snapshot

COUNTY RESIDENTS

Total Households	6,009
Avg Household Size	3.4
% Children	21.1%
% Older Adults (60+)	26.2%

POPULATION BY RACE/ETHNICITY

Asian	5.8%
Black	20.2%
Hispanic	24.4%
White/Non-Hispanic	50.0%

HOUSEHOLD CHARACTERISTICS

Poverty	14.8%
% with Disability	20.1%
% Veterans	8.3%
% without Vehicles	7.1%
% SNAP Recipients	15.3%
Unemployment Rate	7.9%

Food insecurity rates were calculated using Texas-specific data from the 2020-2023 Current Population Surveys (CPS), 2019-2023 American Community Survey (ACS), and the 2023 Bureau of Labor Statistics (BLS) data. More information on methodology is available upon request at research@centraltexasfoodbank.org.

All demographic data were pulled at the census tract level from the 2019-2023 American Community Survey 5-year estimates.



Fayette County 2025 FACT Sheet



Understanding Food Insecurity in the County

These numbers from our Food Access Convening Tool (FACT) reveal the scope of the issue, highlighting the number of individuals in need of support and their percentage within the overall population.

24,783 Total Population

16.2% Neighbors Are Food Insecure

4,018 Food Insecure Individuals

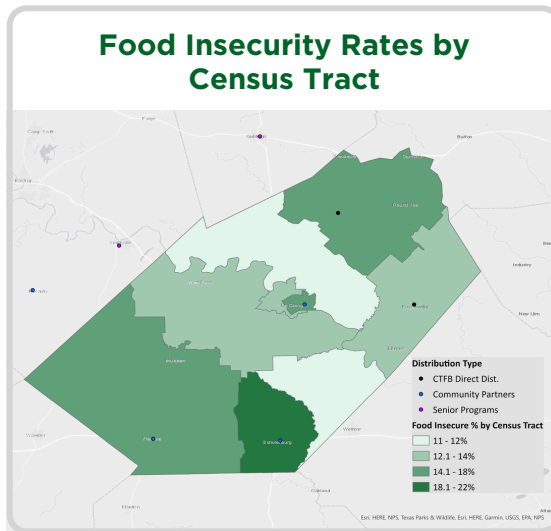
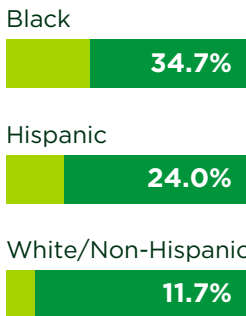
1 in 6 Neighbors Are Food Insecure

Food Insecurity By Demographics

Food insecurity disproportionately affects various racial, ethnic and age groups. Here's a detailed look at how hunger impacts children, older adults and others.



Food Insecurity Rate Within Each Racial/Ethnic Group



County Snapshot

COUNTY RESIDENTS

Total Households	9,855
Avg Household Size	3.1
% Children	20.1%
% Older Adults (60+)	35.6%

POPULATION BY RACE/ETHNICITY

Asian	0.4%
Black	6.0%
Hispanic	21.6%
White/Non-Hispanic	69.8%

HOUSEHOLD CHARACTERISTICS

Poverty	8.9%
% with Disability	15.1%
% Veterans	7.8%
% without Vehicles	5.5%
% SNAP Recipients	7.5%
Unemployment Rate	3.0%

Food insecurity rates were calculated using Texas-specific data from the 2020-2023 Current Population Surveys (CPS), 2019-2023 American Community Survey (ACS), and the 2023 Bureau of Labor Statistics (BLS) data. More information on methodology is available upon request at research@centraltexasfoodbank.org.

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Freestone County 2025 FACT Sheet



Understanding Food Insecurity in the County

These numbers from our Food Access Convening Tool (FACT) reveal the scope of the issue, highlighting the number of individuals in need of support and their percentage within the overall population.

19,813 Total Population

20.0% Neighbors Are Food Insecure

3,967 Food Insecure Individuals

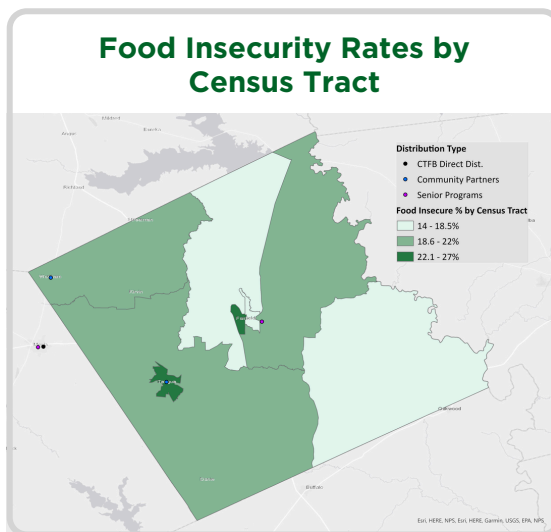
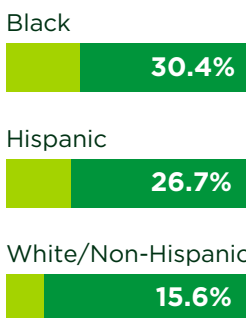
1 in 5 Neighbors Are Food Insecure

Food Insecurity By Demographics

Food insecurity disproportionately affects various racial, ethnic and age groups. Here's a detailed look at how hunger impacts children, older adults and others.



Food Insecurity Rate Within Each Racial/Ethnic Group



County Snapshot

COUNTY RESIDENTS

Total Households	6,867
Avg Household Size	3.4
% Children	22.7%
% Older Adults (60+)	26.4%

POPULATION BY RACE/ETHNICITY

Asian	0.2%
Black	14.7%
Hispanic	16.8%
White/Non-Hispanic	63.5%

HOUSEHOLD CHARACTERISTICS

Poverty	14.4%
% with Disability	20.7%
% Veterans	7.1%
% without Vehicles	3.1%
% SNAP Recipients	14.6%
Unemployment Rate	1.9%

Food insecurity rates were calculated using Texas-specific data from the 2020-2023 Current Population Surveys (CPS), 2019-2023 American Community Survey (ACS), and the 2023 Bureau of Labor Statistics (BLS) data. More information on methodology is available upon request at research@centraltexasfoodbank.org.

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Gillespie County 2025 FACT Sheet



Understanding Food Insecurity in the County

These numbers from our Food Access Convening Tool (FACT) reveal the scope of the issue, highlighting the number of individuals in need of support and their percentage within the overall population.

27,202 Total Population

15.5% Neighbors Are Food Insecure

4,210 Food Insecure Individuals

1 in 6 Neighbors Are Food Insecure

Food Insecurity By Demographics

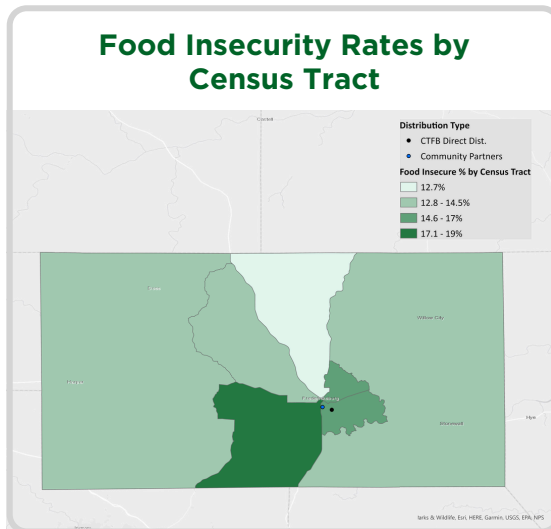
Food insecurity disproportionately affects various racial, ethnic and age groups. Here's a detailed look at how hunger impacts children, older adults and others.



Food Insecurity Rate Within Each Racial/Ethnic Group



Food Insecurity Rates by Census Tract



County Snapshot

COUNTY RESIDENTS

Total Households	11,272
Avg Household Size	3.0
% Children	19.4%
% Older Adults (60+)	38.8%

POPULATION BY RACE/ETHNICITY

Asian	0.3%
Black	0.5%
Hispanic	22.4%
White/Non-Hispanic	74.2%

HOUSEHOLD CHARACTERISTICS

Poverty	9.5%
% with Disability	15.0%
% Veterans	8.7%
% without Vehicles	5.5%
% SNAP Recipients	3.9%
Unemployment Rate	3.8%

Food insecurity rates were calculated using Texas-specific data from the 2020-2023 Current Population Surveys (CPS), 2019-2023 American Community Survey (ACS), and the 2023 Bureau of Labor Statistics (BLS) data. More information on methodology is available upon request at research@centraltexasfoodbank.org.

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Hays County 2025 FACT Sheet



Understanding Food Insecurity in the County

These numbers from our Food Access Convening Tool (FACT) reveal the scope of the issue, highlighting the number of individuals in need of support and their percentage within the overall population.

256,429 Total Population

17.6% Neighbors Are Food Insecure

45,048 Food Insecure Individuals

1 in 6 Neighbors Are Food Insecure

Food Insecurity By Demographics

Food insecurity disproportionately affects various racial, ethnic and age groups. Here's a detailed look at how hunger impacts children, older adults and others.

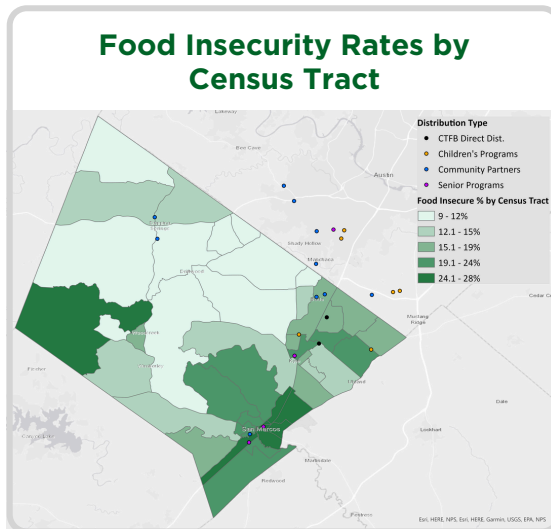


21.0% or 12,196 Children Are Food Insecure (1 in 5)



16.3% or 7,302 Older Adults Are Food Insecure (1 in 6)

Food Insecurity Rate Within Each Racial/Ethnic Group



County Snapshot

COUNTY RESIDENTS

Total Households	94,499
Avg Household Size	3.1
% Children	22.6%
% Older Adults (60+)	17.5%

POPULATION BY RACE/ETHNICITY

Asian	1.9%
Black	4.1%
Hispanic	39.1%
White/Non-Hispanic	51.3%

HOUSEHOLD CHARACTERISTICS

Poverty	12.5%
% with Disability	11.3%
% Veterans	6.9%
% without Vehicles	3.2%
% SNAP Recipients	5.4%
Unemployment Rate	4.4%

Food insecurity rates were calculated using Texas-specific data from the 2020-2023 Current Population Surveys (CPS), 2019-2023 American Community Survey (ACS), and the 2023 Bureau of Labor Statistics (BLS) data. More information on methodology is available upon request at research@centraltexasfoodbank.org.

All demographic data were pulled at the census tract level from the 2019-2023 American Community Survey 5-year estimates.



Lampasas County 2025 FACT Sheet



Understanding Food Insecurity in the County

These numbers from our Food Access Convening Tool (FACT) reveal the scope of the issue, highlighting the number of individuals in need of support and their percentage within the overall population.

22,267 Total Population

17.5% Neighbors Are Food Insecure

3,907 Food Insecure Individuals

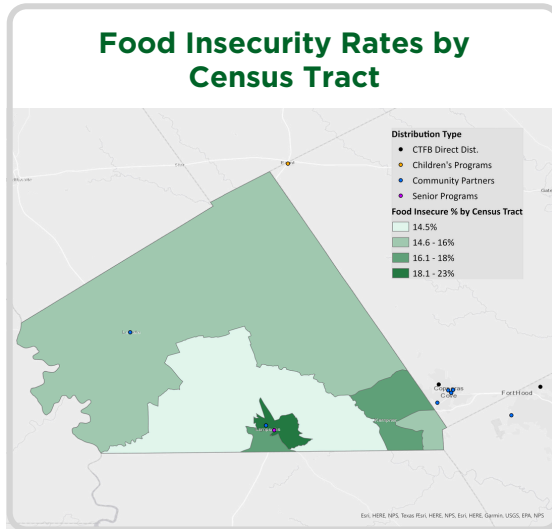
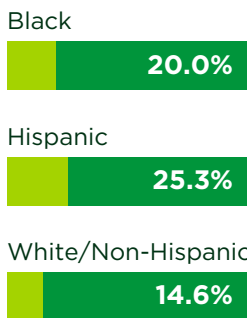
1 in 6 Neighbors Are Food Insecure

Food Insecurity By Demographics

Food insecurity disproportionately affects various racial, ethnic and age groups. Here's a detailed look at how hunger impacts children, older adults and others.



Food Insecurity Rate Within Each Racial/Ethnic Group



County Snapshot

COUNTY RESIDENTS

Total Households	8,147
Avg Household Size	3.2
% Children	21.7%
% Older Adults (60+)	28.6%

POPULATION BY RACE/ETHNICITY

Asian	1.2%
Black	4.1%
Hispanic	20.1%
White/Non-Hispanic	70.2%

HOUSEHOLD CHARACTERISTICS

Poverty	9.2%
% with Disability	23.8%
% Veterans	18.9%
% without Vehicles	3.0%
% SNAP Recipients	9.3%
Unemployment Rate	4.8%

Food insecurity rates were calculated using Texas-specific data from the 2020-2023 Current Population Surveys (CPS), 2019-2023 American Community Survey (ACS), and the 2023 Bureau of Labor Statistics (BLS) data. More information on methodology is available upon request at research@centraltexasfoodbank.org.

All demographic data were pulled at the census tract level from the 2019-2023 American Community Survey 5-year estimates.



Lee County 2025 FACT Sheet



Understanding Food Insecurity in the County

These numbers from our Food Access Convening Tool (FACT) reveal the scope of the issue, highlighting the number of individuals in need of support and their percentage within the overall population.

17,758 Total Population

19.1% Neighbors Are Food Insecure

3,399 Food Insecure Individuals

1 in 5 Neighbors Are Food Insecure

Food Insecurity By Demographics

Food insecurity disproportionately affects various racial, ethnic and age groups. Here's a detailed look at how hunger impacts children, older adults and others.

23.4% or 895 Children Are Food Insecure (1 in 4)

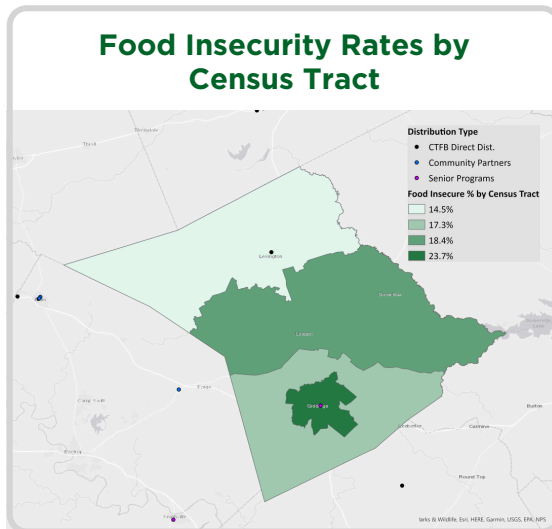
16.5% or 802 Older Adults Are Food Insecure (1 in 6)

Food Insecurity Rate Within Each Racial/Ethnic Group

Black **32.9%**

Hispanic **27.5%**

White/Non-Hispanic **12.6%**



County Snapshot

COUNTY RESIDENTS

Total Households	6,720
Avg Household Size	3.0
% Children	21.6%
% Older Adults (60+)	27.3%

POPULATION BY RACE/ETHNICITY

Asian	0.1%
Black	10.4%
Hispanic	26.2%
White/Non-Hispanic	60.2%

HOUSEHOLD CHARACTERISTICS

Poverty	12.4%
% with Disability	15.8%
% Veterans	7.3%
% without Vehicles	4.7%
% SNAP Recipients	10.8%
Unemployment Rate	5.2%

Food insecurity rates were calculated using Texas-specific data from the 2020-2023 Current Population Surveys (CPS), 2019-2023 American Community Survey (ACS), and the 2023 Bureau of Labor Statistics (BLS) data. More information on methodology is available upon request at research@centraltexasfoodbank.org.

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Limestone County 2025 FACT Sheet



Understanding Food Insecurity in the County

These numbers from our Food Access Convening Tool (FACT) reveal the scope of the issue, highlighting the number of individuals in need of support and their percentage within the overall population.

22,185 Total Population

21.8% Neighbors Are Food Insecure

4,843 Food Insecure Individuals

1 in 5 Neighbors Are Food Insecure

County Snapshot

COUNTY RESIDENTS

Total Households	8,318
Avg Household Size	3.2
% Children	22.5%
% Older Adults (60+)	27.6%

POPULATION BY RACE/ETHNICITY

Asian	0.9%
Black	17.2%
Hispanic	23.1%
White/Non-Hispanic	55.5%

HOUSEHOLD CHARACTERISTICS

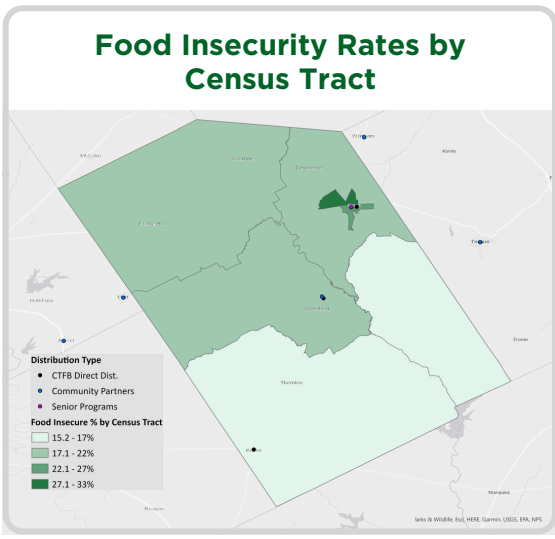
Poverty	19.5%
% with Disability	17.6%
% Veterans	8.6%
% without Vehicles	3.7%
% SNAP Recipients	17.0%
Unemployment Rate	3.1%

Food Insecurity By Demographics

Food insecurity disproportionately affects various racial, ethnic and age groups. Here's a detailed look at how hunger impacts children, older adults and others.



Food Insecurity Rate Within Each Racial/Ethnic Group



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Llano County 2025 FACT Sheet



Understanding Food Insecurity in the County

These numbers from our Food Access Convening Tool (FACT) reveal the scope of the issue, highlighting the number of individuals in need of support and their percentage within the overall population.

22,011 Total Population

16.2% Neighbors Are Food Insecure

3,576 Food Insecure Individuals

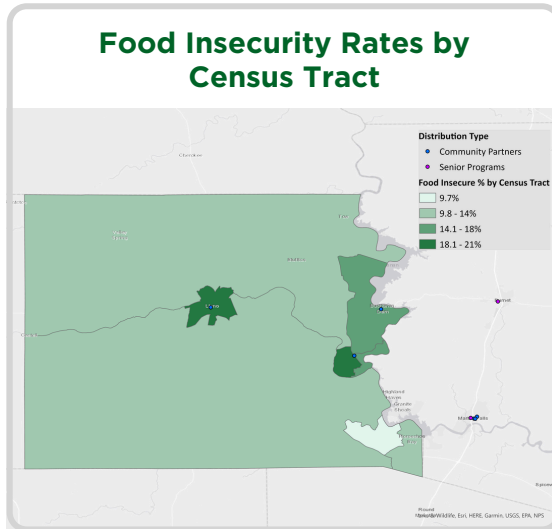
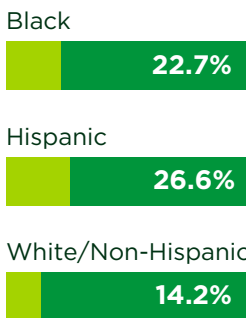
1 in 5 Neighbors Are Food Insecure

Food Insecurity By Demographics

Food insecurity disproportionately affects various racial, ethnic and age groups. Here's a detailed look at how hunger impacts children, older adults and others.



Food Insecurity Rate Within Each Racial/Ethnic Group



County Snapshot

COUNTY RESIDENTS

Total Households	10,218
Avg Household Size	2.6
% Children	15.6%
% Older Adults (60+)	47.0%

POPULATION BY RACE/ETHNICITY

Asian	0.6%
Black	1.0%
Hispanic	12.7%
White/Non-Hispanic	83.2%

HOUSEHOLD CHARACTERISTICS

Poverty	11.8%
% with Disability	19.4%
% Veterans	11.6%
% without Vehicles	3.5%
% SNAP Recipients	7.7%
Unemployment Rate	5.3%

Food insecurity rates were calculated using Texas-specific data from the 2020-2023 Current Population Surveys (CPS), 2019-2023 American Community Survey (ACS), and the 2023 Bureau of Labor Statistics (BLS) data. More information on methodology is available upon request at research@centraltexasfoodbank.org.

All demographic data were pulled at the census tract level from the 2019-2023 American Community Survey 5-year estimates.



McLennan County 2025 FACT Sheet



Understanding Food Insecurity in the County

These numbers from our Food Access Convening Tool (FACT) reveal the scope of the issue, highlighting the number of individuals in need of support and their percentage within the overall population.

263,609 Total Population

20.8% Neighbors Are Food Insecure

54,713 Food Insecure Individuals

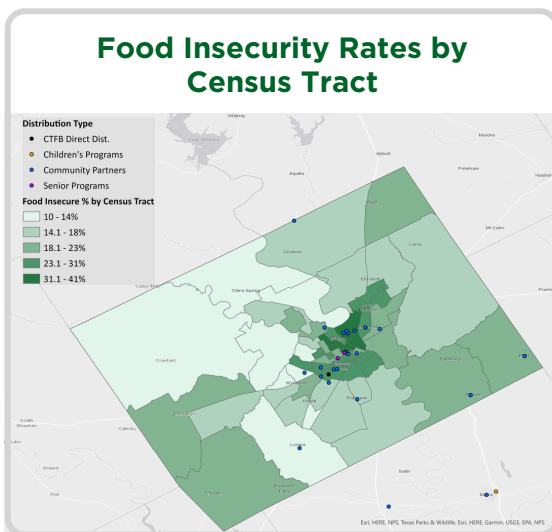
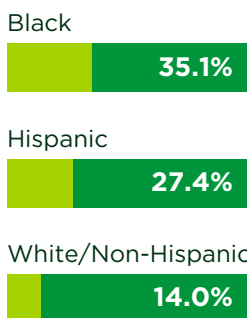
1 in 5 Neighbors Are Food Insecure

Food Insecurity By Demographics

Food insecurity disproportionately affects various racial, ethnic and age groups. Here's a detailed look at how hunger impacts children, older adults and others.



Food Insecurity Rate Within Each Racial/Ethnic Group



County Snapshot

COUNTY RESIDENTS

Total Households	95,966
Avg Household Size	3.2
% Children	24.2%
% Older Adults (60+)	20.6%

POPULATION BY RACE/ETHNICITY

Asian	1.6%
Black	14.1%
Hispanic	26.6%
White/Non-Hispanic	54.7%

HOUSEHOLD CHARACTERISTICS

Poverty	17.3%
% with Disability	13.4%
% Veterans	7.3%
% without Vehicles	5.3%
% SNAP Recipients	12.1%
Unemployment Rate	4.5%

Food insecurity rates were calculated using Texas-specific data from the 2020-2023 Current Population Surveys (CPS), 2019-2023 American Community Survey (ACS), and the 2023 Bureau of Labor Statistics (BLS) data. More information on methodology is available upon request at research@centraltexasfoodbank.org.

All demographic data were pulled at the census tract level from the 2019-2023 American Community Survey 5-year estimates.



Milam County 2025 FACT Sheet



Understanding Food Insecurity in the County

These numbers from our Food Access Convening Tool (FACT) reveal the scope of the issue, highlighting the number of individuals in need of support and their percentage within the overall population.

25,268 Total Population

19.8% Neighbors Are Food Insecure

5,010 Food Insecure Individuals

1 in 5 Neighbors Are Food Insecure

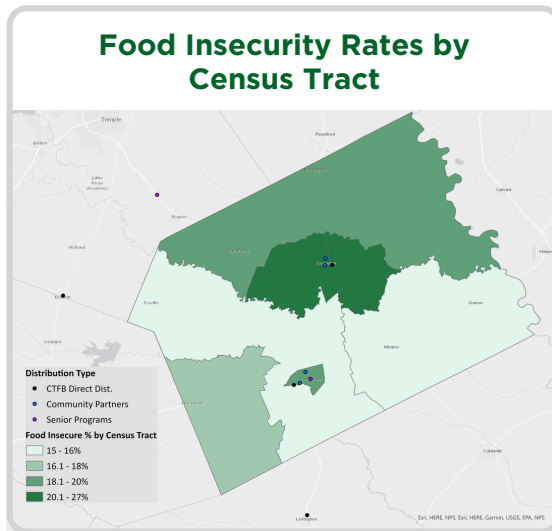
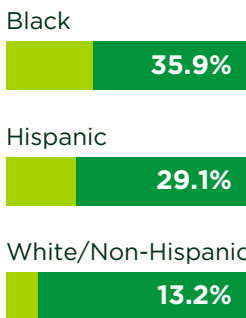
Food Insecurity By Demographics

Food insecurity disproportionately affects various racial, ethnic and age groups. Here's a detailed look at how hunger impacts children, older adults and others.

25.0% or 1,449 Children Are Food Insecure (1 in 4)

18.9% or 1,375 Older Adults Are Food Insecure (1 in 5)

Food Insecurity Rate Within Each Racial/Ethnic Group



County Snapshot

COUNTY RESIDENTS

Total Households	10,049
Avg Household Size	3.1
% Children	22.9%
% Older Adults (60+)	28.7%

POPULATION BY RACE/ETHNICITY

Asian	0.2%
Black	9.6%
Hispanic	25.6%
White/Non-Hispanic	62.1%

HOUSEHOLD CHARACTERISTICS

Poverty	16.0%
% with Disability	15.9%
% Veterans	7.0%
% without Vehicles	5.1%
% SNAP Recipients	13.0%
Unemployment Rate	5.6%

Food insecurity rates were calculated using Texas-specific data from the 2020-2023 Current Population Surveys (CPS), 2019-2023 American Community Survey (ACS), and the 2023 Bureau of Labor Statistics (BLS) data. More information on methodology is available upon request at research@centraltexasfoodbank.org.

All demographic data were pulled at the census tract level from the 2019-2023 American Community Survey 5-year estimates.



Mills County 2025 FACT Sheet



Understanding Food Insecurity in the County

These numbers from our Food Access Convening Tool (FACT) reveal the scope of the issue, highlighting the number of individuals in need of support and their percentage within the overall population.

4,499 Total Population

16.4% Neighbors Are Food Insecure

739 Food Insecure Individuals

1 in 6 Neighbors Are Food Insecure

Food Insecurity By Demographics

Food insecurity disproportionately affects various racial, ethnic and age groups. Here's a detailed look at how hunger impacts children, older adults and others.

17.8% or **144** Children Are Food Insecure (1 in 6)

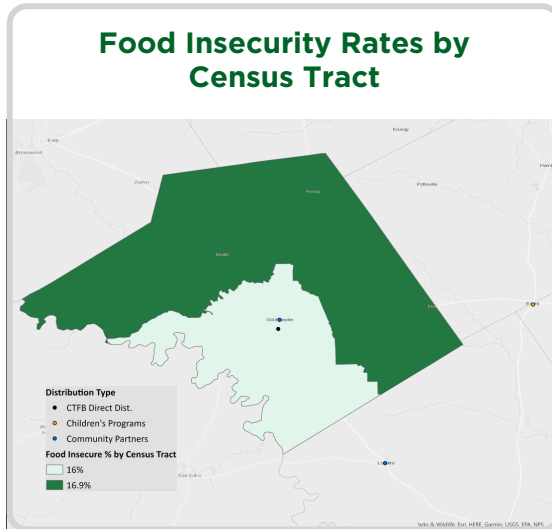
17.7% or **309** Older Adults Are Food Insecure (1 in 6)

Food Insecurity Rate Within Each Racial/Ethnic Group

Black
N/A

Hispanic
20.9

White/Non-Hispanic
15.0%



County Snapshot

COUNTY RESIDENTS

Total Households	1,845
Avg Household Size	2.8
% Children	18.0%
% Older Adults (60+)	38.9%

POPULATION BY RACE/ETHNICITY

Asian	0.3%
Black	0.6%
Hispanic	18.9%
White/Non-Hispanic	75.9%

HOUSEHOLD CHARACTERISTICS

Poverty	7.7%
% with Disability	15.9%
% Veterans	7.8%
% without Vehicles	1.8%
% SNAP Recipients	11.6%
Unemployment Rate	3.9%

Food insecurity rates were calculated using Texas-specific data from the 2020-2023 Current Population Surveys (CPS), 2019-2023 American Community Survey (ACS), and the 2023 Bureau of Labor Statistics (BLS) data. More information on methodology is available upon request at research@centraltexasfoodbank.org.

All demographic data were pulled at the census tract level from the 2019-2023 American Community Survey 5-year estimates.



San Saba County 2025 FACT Sheet



Understanding Food Insecurity in the County

These numbers from our Food Access Convening Tool (FACT) reveal the scope of the issue, highlighting the number of individuals in need of support and their percentage within the overall population.

5,802 Total Population

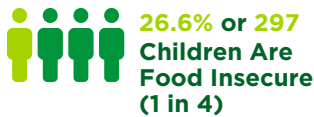
18.8% Neighbors Are Food Insecure

1,091 Food Insecure Individuals

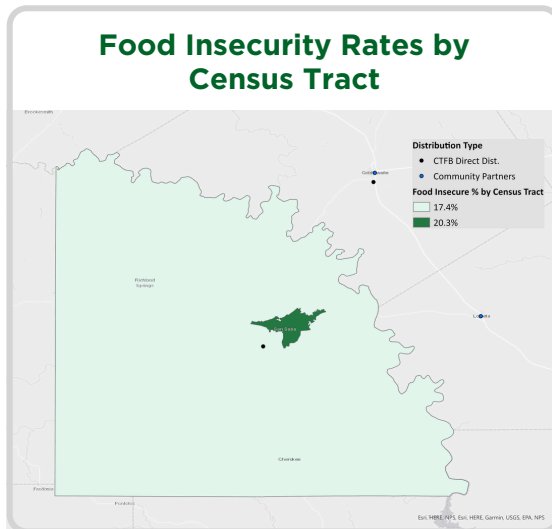
1 in 5 Neighbors Are Food Insecure

Food Insecurity By Demographics

Food insecurity disproportionately affects various racial, ethnic and age groups. Here's a detailed look at how hunger impacts children, older adults and others.



Food Insecurity Rate Within Each Racial/Ethnic Group



County Snapshot

COUNTY RESIDENTS

Total Households	2,095
Avg Household Size	3.2
% Children	19.2%
% Older Adults (60+)	30.7%

POPULATION BY RACE/ETHNICITY

Asian	0.2%
Black	2.4%
Hispanic	30.2%
White/Non-Hispanic	62.7%

HOUSEHOLD CHARACTERISTICS

Poverty	14.3%
% with Disability	15.6%
% Veterans	6.5%
% without Vehicles	3.2%
% SNAP Recipients	10.6%
Unemployment Rate	2.9%

Food insecurity rates were calculated using Texas-specific data from the 2020-2023 Current Population Surveys (CPS), 2019-2023 American Community Survey (ACS), and the 2023 Bureau of Labor Statistics (BLS) data. More information on methodology is available upon request at research@centraltexasfoodbank.org.

All demographic data were pulled at the census tract level from the 2019-2023 American Community Survey 5-year estimates.



Travis County 2025 FACT Sheet



Understanding Food Insecurity in the County

These numbers from our Food Access Convening Tool (FACT) reveal the scope of the issue, highlighting the number of individuals in need of support and their percentage within the overall population.

1,307,626 Total Population **18.0%** Neighbors Are Food Insecure
235,513 Food Insecure Individuals **1 in 6** Neighbors Are Food Insecure

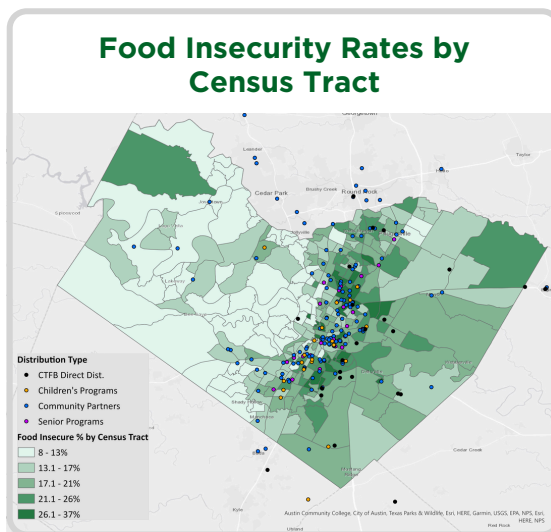
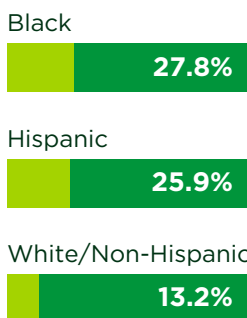
Food Insecurity By Demographics

Food insecurity disproportionately affects various racial, ethnic and age groups. Here's a detailed look at how hunger impacts children, older adults and others.

22.9% or 61,297 Children Are Food Insecure (1 in 4)

16.2% or 33,094 Older Adults Are Food Insecure (1 in 6)

Food Insecurity Rate Within Each Racial/Ethnic Group



County Snapshot

COUNTY RESIDENTS

Total Households	56,1491
Avg Household Size	2.9
% Children	20.5%
% Older Adults (60+)	15.6%

POPULATION BY RACE/ETHNICITY

Asian	7.6%
Black	8.2%
Hispanic	32.5%
White/Non-Hispanic	47.7%

HOUSEHOLD CHARACTERISTICS

Poverty	11.6%
% with Disability	9.4%
% Veterans	4.7%
% without Vehicles	5.8%
% SNAP Recipients	6.2%
Unemployment Rate	4.3%

Food insecurity rates were calculated using Texas-specific data from the 2020-2023 Current Population Surveys (CPS), 2019-2023 American Community Survey (ACS), and the 2023 Bureau of Labor Statistics (BLS) data. More information on methodology is available upon request at research@centraltexasfoodbank.org.

All demographic data were pulled at the census tract level from the 2019-2023 American Community Survey 5-year estimates.



Williamson County 2025 FACT Sheet



Understanding Food Insecurity in the County

These numbers from our Food Access Convening Tool (FACT) reveal the scope of the issue, highlighting the number of individuals in need of support and their percentage within the overall population.

643,889 Total Population

15.4% Neighbors Are Food Insecure

99,040 Food Insecure Individuals

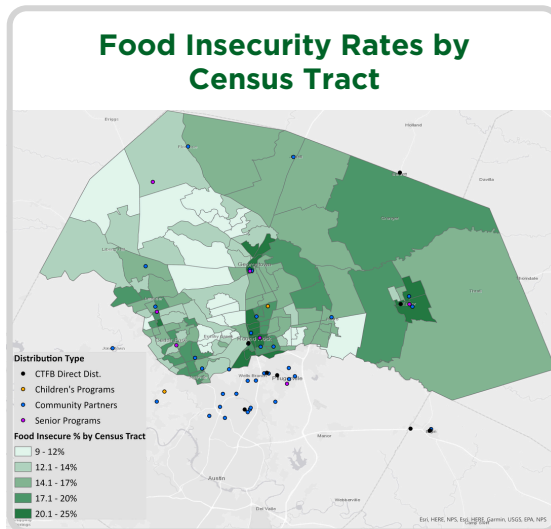
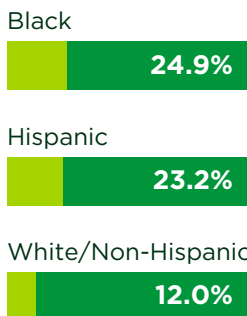
1 in 7 Neighbors Are Food Insecure

Food Insecurity By Demographics

Food insecurity disproportionately affects various racial, ethnic and age groups. Here's a detailed look at how hunger impacts children, older adults and others.



Food Insecurity Rate Within Each Racial/Ethnic Group



County Snapshot

COUNTY RESIDENTS

Total Households	241,754
Avg Household Size	3.1
% Children	24.5%
% Older Adults (60+)	17.8%

POPULATION BY RACE/ETHNICITY

Asian	9.0%
Black	6.9%
Hispanic	24.5%
White/Non-Hispanic	55.1%

HOUSEHOLD CHARACTERISTICS

Poverty	6.4%
% with Disability	10.1%
% Veterans	7.9%
% without Vehicles	3.0%
% SNAP Recipients	4.5%
Unemployment Rate	3.9%

Food insecurity rates were calculated using Texas-specific data from the 2020-2023 Current Population Surveys (CPS), 2019-2023 American Community Survey (ACS), and the 2023 Bureau of Labor Statistics (BLS) data. More information on methodology is available upon request at research@centraltexasfoodbank.org.

All demographic data were pulled at the census tract level from the 2019-2023 American Community Survey 5-year estimates.