

# SUMMER FOOD SERVICE PROGRAM

## JULY LUNCH MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	July 3	July 4	July 5	July 6	July 7
 <p>7/3-7/7</p>	Rotini Pasta Salad (Ham & Cheddar) Celery Sticks Whole Apple 1% White Milk (Ranch Packet)	Macaroni & Cheese Peas & Carrots Poached Pears Fat-free Chocolate Milk WIC Only: 1% White Milk	Italian Hoagie (Turkey Ham, Turkey Salami and Turkey Pepperoni) Mozzarella Slice Shredded Lettuce Diced Tomato Pineapple Chunks 1% White Milk (Italian Dressing Packet)	Chef's Salad (Diced Turkey Breast & Shredded Cheddar) Salad Greens Cherry Tomatoes Sliced Cucumbers Croutons Breadstick Applesauce Fat-free Chocolate Milk WIC Only: 1% White Milk (Ranch Dressing Packet)	Penne Pasta w/Meat Sauce Seasoned Carrots Banana 1% White Milk
Week 2	July 10	July 11	July 12	July 13	July 14
 <p>7/10-7/14</p>	Stackables Crackers (Turkey Breast & American Cheese Squares) Baby Carrots WIC Only: Roasted Baby Carrots (cold) Mandarin Oranges Fat-free Chocolate Milk WIC Only: 1% White Milk (Ranch Packet)	Macaroni & Cheese Peas & Carrots Poached Pears 1% White Milk	Fajita Chicken Salad Wrap Whole Grain Tortilla Fajita Chicken Strips & Shredded Cheddar Cheese Side Salad: Shredded Lettuce, Diced Tomatoes, Sliced Bell Peppers Sliced Pears Fat-free Chocolate Milk WIC Only: 1% White Milk (Sour Cream Packet)	Tuna Salad on Lettuce w/WG Goldfish Bread Banana Broccoli & Cauliflower Dippers 1% White Milk (Ranch Cup)	Chili Mac w/Shredded Cheddar Corn Spinach Fat-free Chocolate Milk WIC Only: 1% White Milk
Week 3	July 17	July 18	July 19	July 20	July 21
 <p>7/17-7/21</p>	Chicken Club Sandwich (Grilled Chicken Patty & Turkey Bacon) Side Salad: Shredded Lettuce, Cherry Tomatoes & Cucumber Slices Pineapple Chunks Fat-free Chocolate Milk WIC Only: 1% White Milk (Mayo Packet, Ranch Packet)	Spaghetti w/Meat Balls Broccoli Florets Apple Cranberry Crisp Fat-free Chocolate Milk WIC Only: 1% White Milk	Turkey & Pepperjack Cheese Sandwich Shredded Lettuce Sliced Tomato Fresh Orange Side Salad: Shredded Lettuce, Sliced Peppers & Cucumber Slices Fat-free Chocolate Milk WIC Only: 1% White Milk (Mayo & Mustard Packet; Ranch Packet)	Chicken Tender & Provolone Wrap Shredded Lettuce Sliced Bell Peppers Diced Pears Baby Carrots WIC Only: Roasted Baby Carrots (cold) 1% White Milk (Mayo & Mustard Packet)	Cheeseburger Shredded Lettuce Sliced Tomato Apple Cranberry Crisp Baked Beans 1% White Milk (Ketchup Packet)
Week 4	July 24	July 25	July 26	July 27	July 28
 <p>7/24-7/28</p>	Rotini Pasta Salad (Ham & Cheddar) Celery Sticks Whole Apple 1% White Milk (Ranch Packet)	Chicken Tenders Green Beans Dinner Roll Banana 1% White Milk (Ketchup Packet)	Italian Hoagie (Turkey Ham, Turkey Salami and Turkey Pepperoni) Mozzarella Slice Shredded Lettuce Diced Tomato Pineapple Chunks 1% White Milk (Italian Dressing Packet)	Chef's Salad (Diced Turkey Breast & Shredded Cheddar) Salad Greens Cherry Tomatoes Sliced Cucumbers Breadstick Cinnamon Applesauce Fat-free Chocolate Milk WIC Only: 1% White Milk (Ranch Dressing Packet)	Penne Pasta w/Meat Sauce Seasoned Carrots Banana 1% White Milk

